

We offer
Homemade
Mango Lassi &
Vegan Cakes

January 2023

We offer Organic &
Non GMO and no
pre-packaged food

Sun

Mon

Tue

Wed

Thu

Fri

Sat

**Serving great
vegetarian & vegan
meals in Tucson for
30 years!**

**Our Next Festival is Maha Shiva Ratri
Sunday, February 19th 5 to 8 pm
Live music, Indian Dance, Kids Activities,
Temple Ceremonies & Free Feast.
Everyone Welcome**

<p>Sunday Brunch Pancakes, Scrambled Tofu, Home Frys, Fruit Salad & more</p>		<p>A taste of India Indian cuisine curries, poories, chutneys, salads, raitas & more</p>		<p>Cabbage, Corn & Mock Ham*</p> <p>Black Bean & Yam Burgers*</p>		<p>Broccoli, Cauliflower, Cashews & Coconut Creme*+</p> <p>Potato Quesadillas & Salsa</p>		<p>Green Bean, Taru Root & Tempeh *+</p> <p>Vegan Veggie Pizza*</p>		<p>Cauliflower, Pea & Fresh Cheese +</p> <p>Veggie Stuffed Shells*</p>			
<p>Sunday Brunch Pancakes, Scrambled Tofu, Home Frys, Fruit Salad & more</p>		<p>A taste of India Indian cuisine curries, poories, chutneys, salads, raitas & more</p>		<p>Stir Fry Broccoli & Baby Corn*+</p> <p>Lentil Croquettes in Cashew Sauce *+</p>		<p>Zucchini, Seitan, and Jackfruit*</p> <p>Chickpea of the Sea & Bread Sticks*</p>		<p>Cauliflower, Carrot, Pea & Soy Creme*</p> <p>Vegetable Parmesan*</p>		<p>Broccoli, Carrot, Almond & Fresh Cheese+</p> <p>Potato Cutlets & Chutney *+</p>			
<p>Sunday Brunch Pancakes, Scrambled Tofu, Home Frys, Fruit Salad & more</p>		<p>Feeding the houseless in Tucson's Southside Church. Join us at 7 am</p>		<p>A taste of India Indian cuisine curries, poories, chutneys, salads, raitas & more</p>		<p>Manchurian Veggies *</p> <p>Fajitas & Chapatis *</p>		<p>Cauliflower, Carrot, Cashews & Coconut Creme*+</p> <p>Sloppy Joe's*</p>		<p>Mung Bean Patties & Veggies*+</p> <p>Veggie Lasagna*</p>		<p>Stroganoff</p> <p>Eggplant Parmesan*+</p>	
<p>Sunday Brunch Pancakes, Scrambled Tofu, Home Frys, Fruit Salad & more</p>		<p>A taste of India Indian cuisine curries, poories, chutneys, salads, raitas & more</p>		<p>Chickpea Squares in Savory Gravy*</p> <p>Veggie Croquettes*+ (Kofta)</p>		<p>Green Cauliflower & Tempeh*+</p> <p>Veggie Millet Loaf*</p>		<p>Peas, Tomato & Organic Tofu*+</p> <p>Spinach Filo*</p>		<p>Spinach & Fresh Cheese+</p> <p>Enchilada Casserole*+</p>			
<p>Sunday Brunch Pancakes, Scrambled Tofu, Home Frys, Fruit Salad & more</p>		<p>A taste of India Indian cuisine curries, poories, chutneys, salads, raitas & more</p>		<p>Welcome Gem Show & Winter Visitors</p>									
<p>Three Vegan Days Weds, Thurs. & Friday are 100% Vegan Top menu item is daily vege & bottom is evening entree</p>													